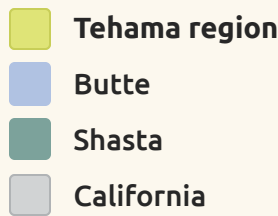


Positive Childhood Experiences

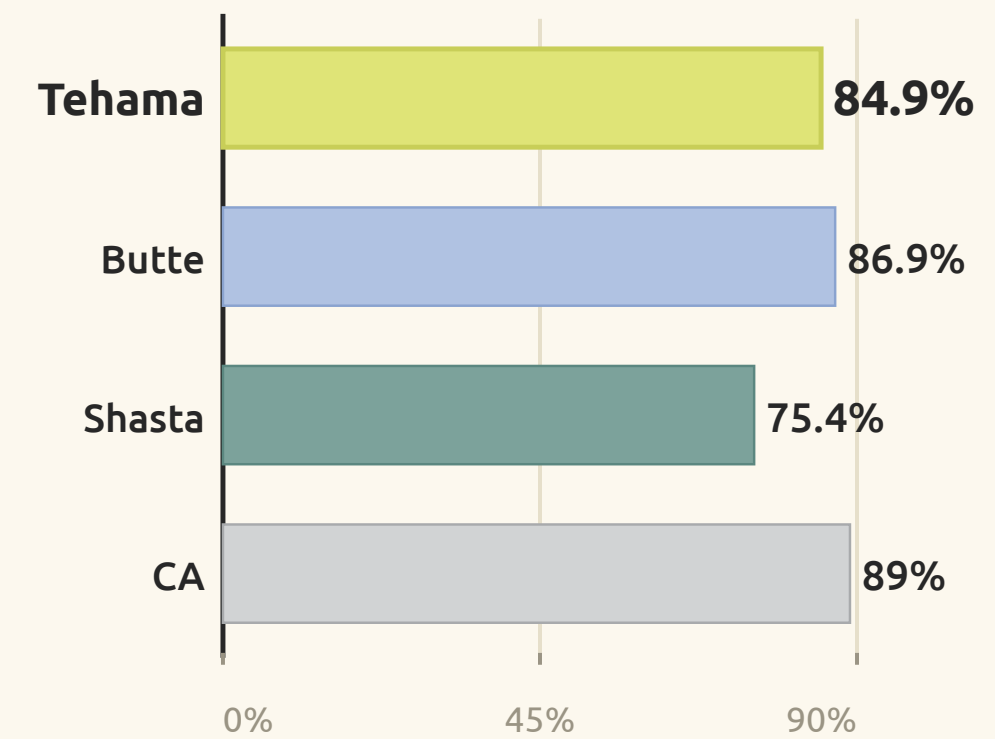
Fourteen indicators of protective experience across two generations — the relationships, belonging, and rituals that buffer kids against adversity. Each tile is one PCE; **higher bars are better**.



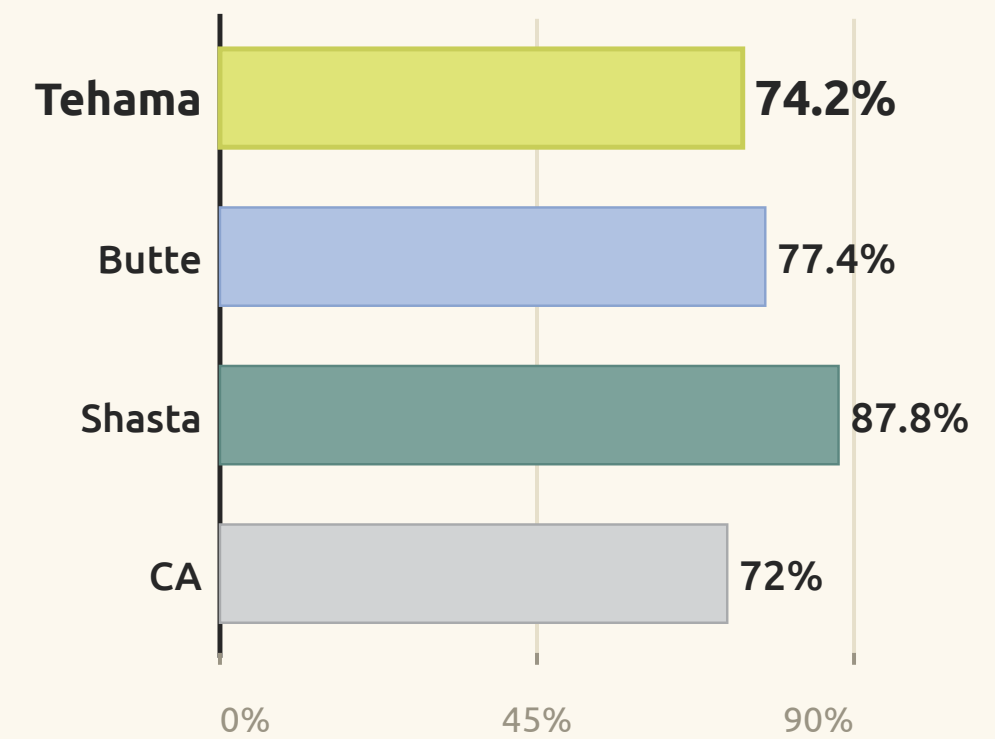
SECTION A • Adolescents

ages 12–17 • 2021–2022

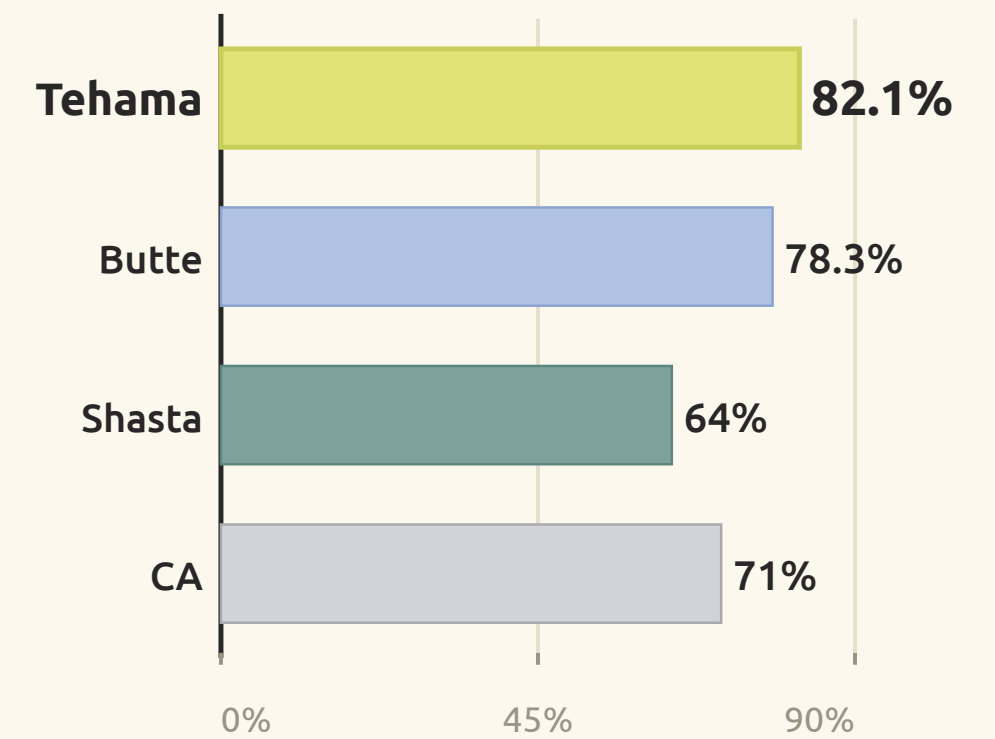
Felt safe and protected with an adult at home



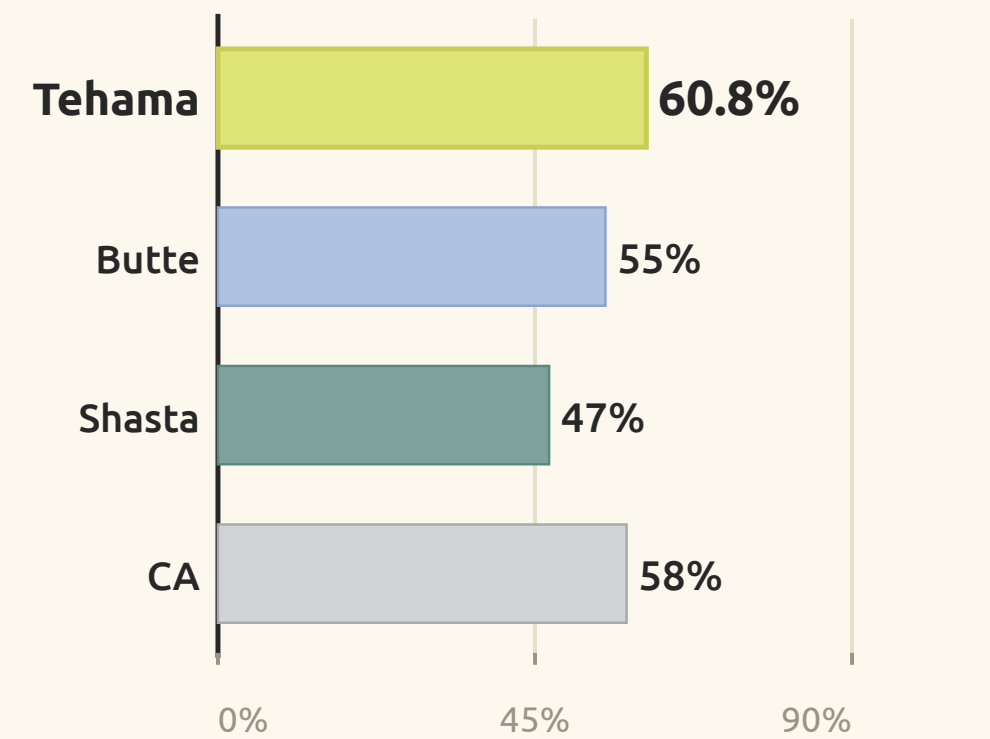
Felt supported by friends



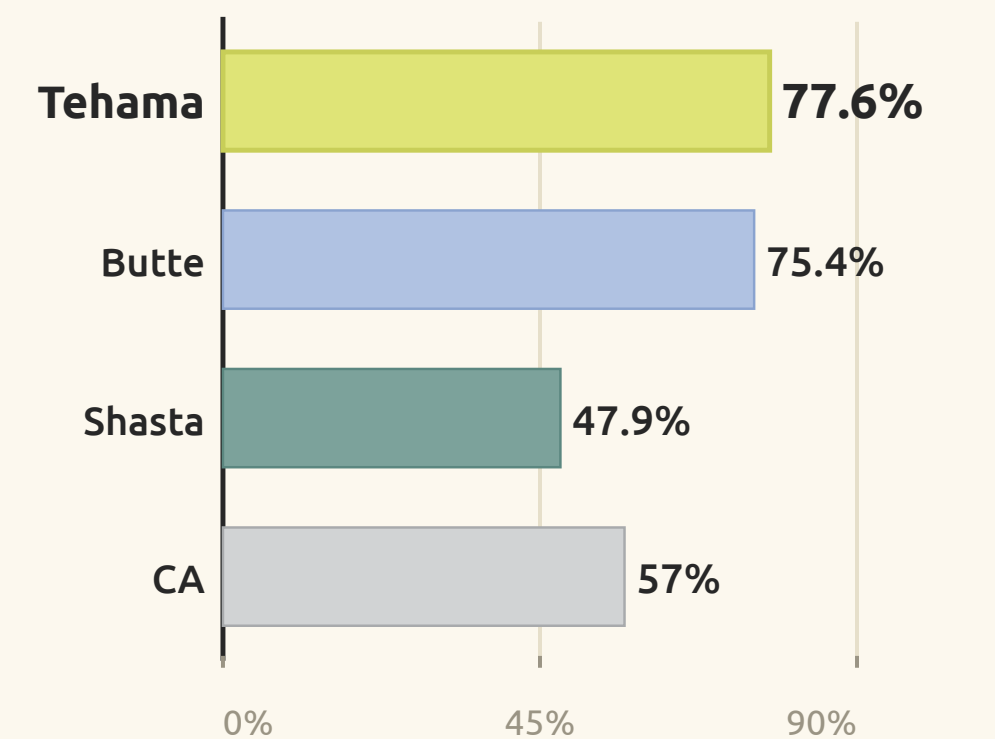
Family stood by them in hard times



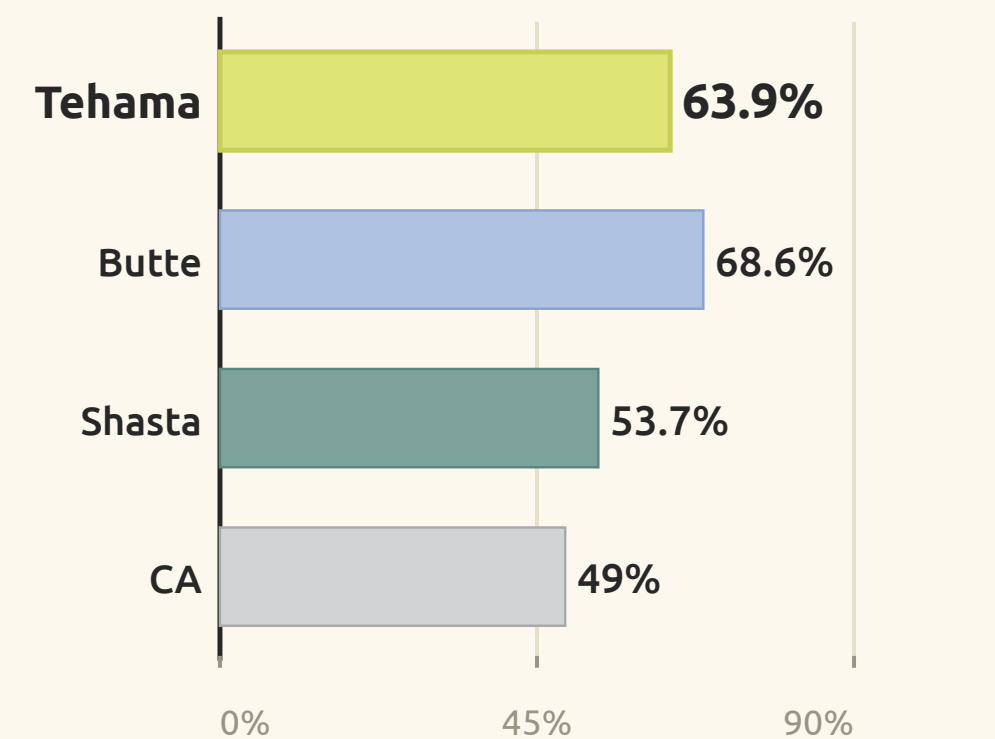
Sense of belonging at high school



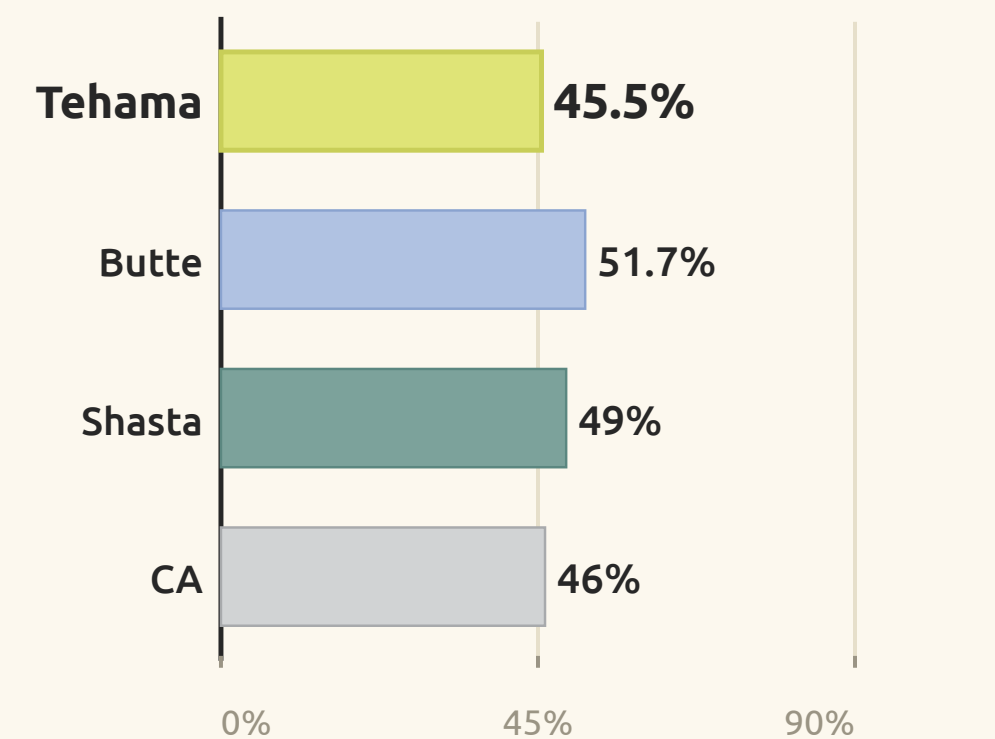
Two + non-parent adults took interest in them



Could talk to family about feelings



Enjoyed participating in community traditions



Shared scale: all charts use a 0–90% x-axis so bar lengths are directly comparable. Higher is better.

Source: California Health Interview Survey (CHIS) • adolescent self-report, ages 12–17, pooled 2021–2022. Tehama region = Colusa / Glenn / Tehama.

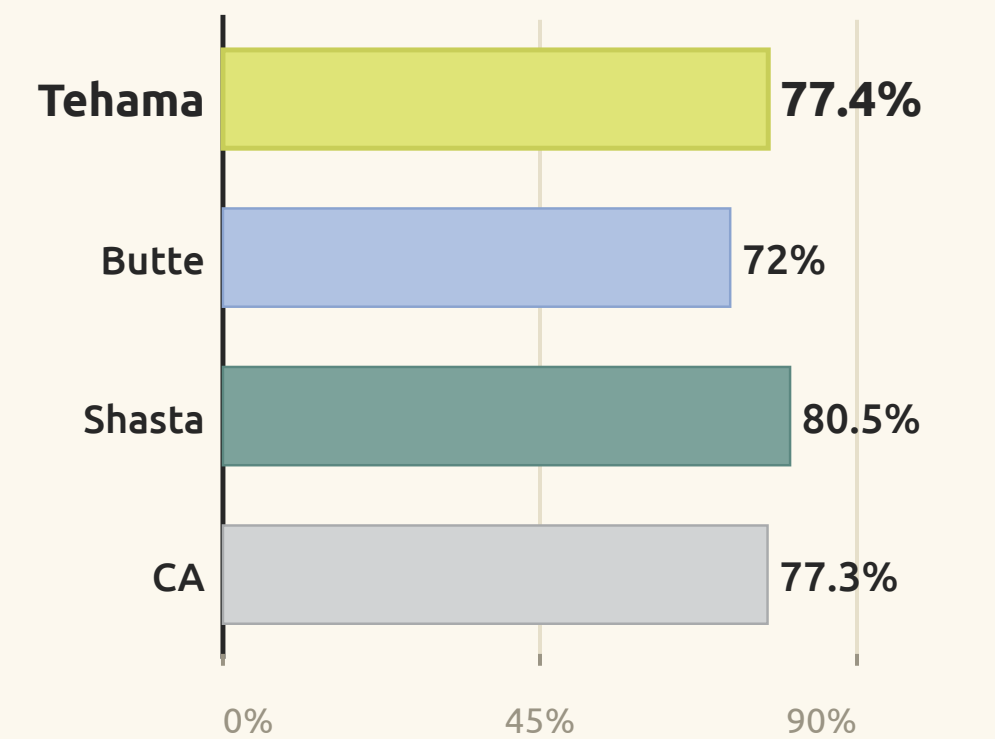
YOUR THOUGHTS ON ADOLESCENT PCES

add a sticky note — anywhere in this zone

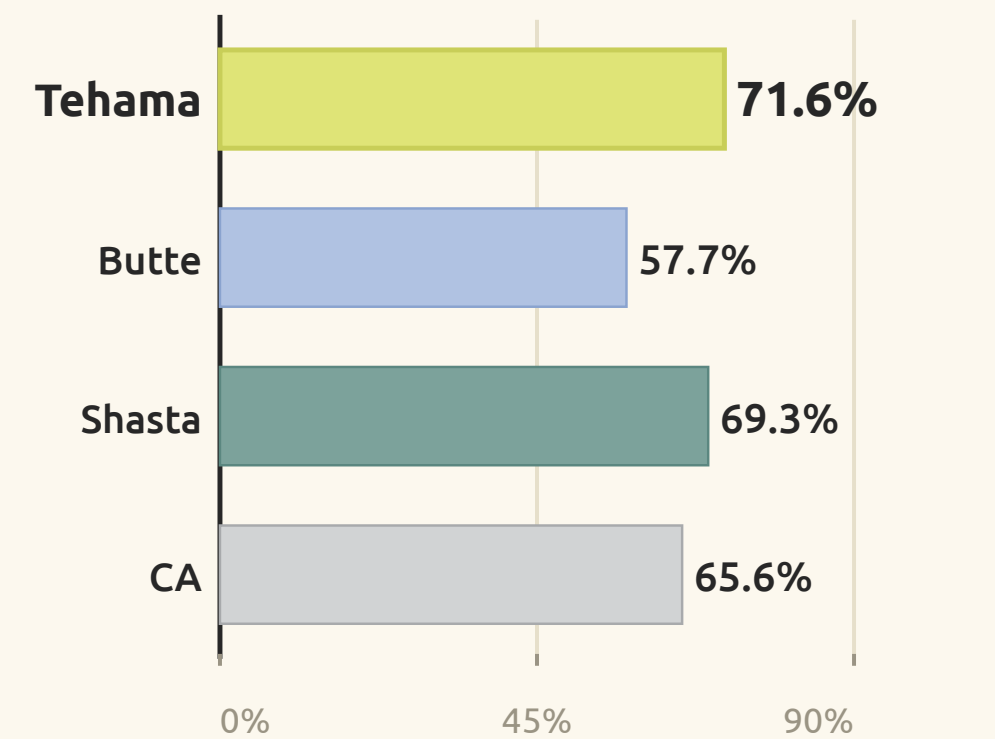
SECTION B • Adults

ages 18+ • 2021–2022

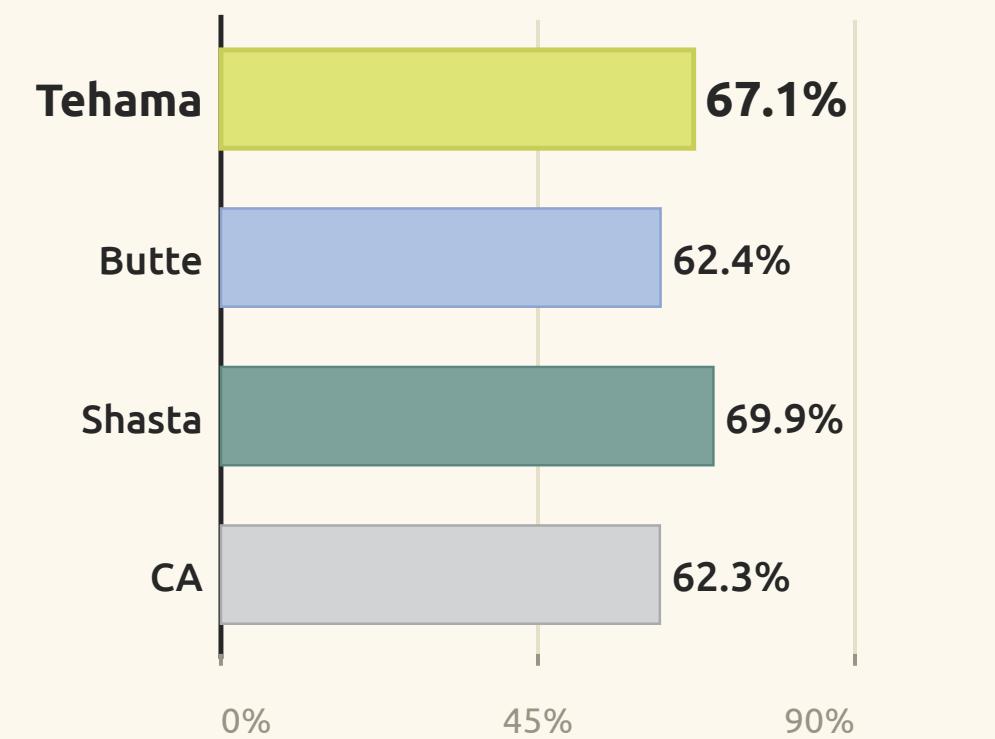
Felt safe and protected with an adult at home



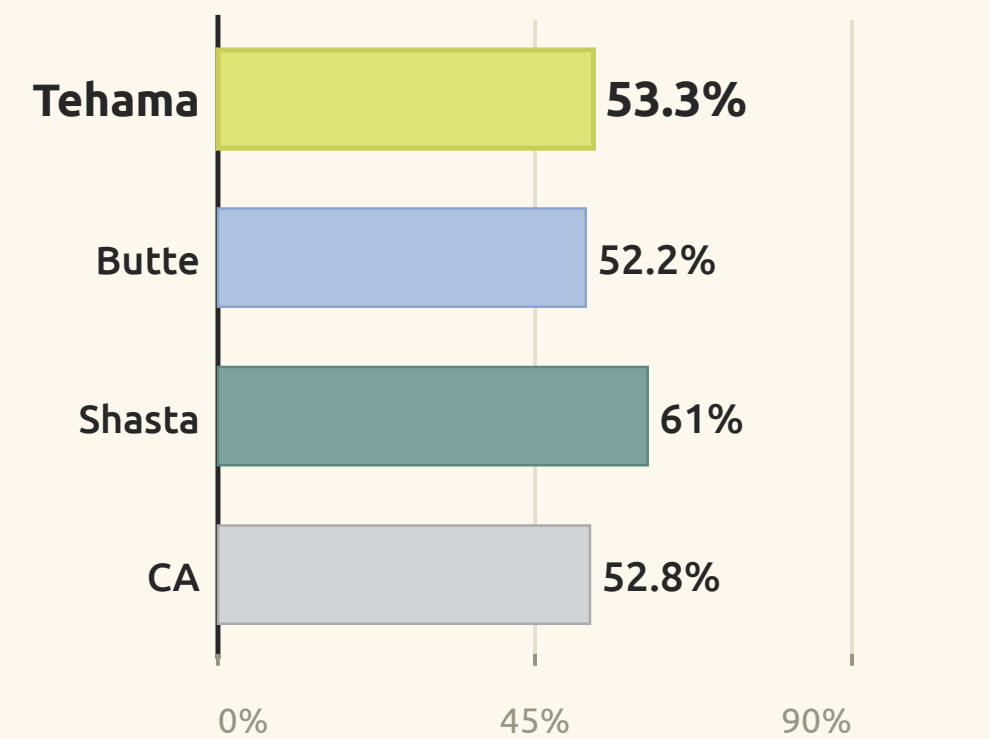
Family stood by them in hard times



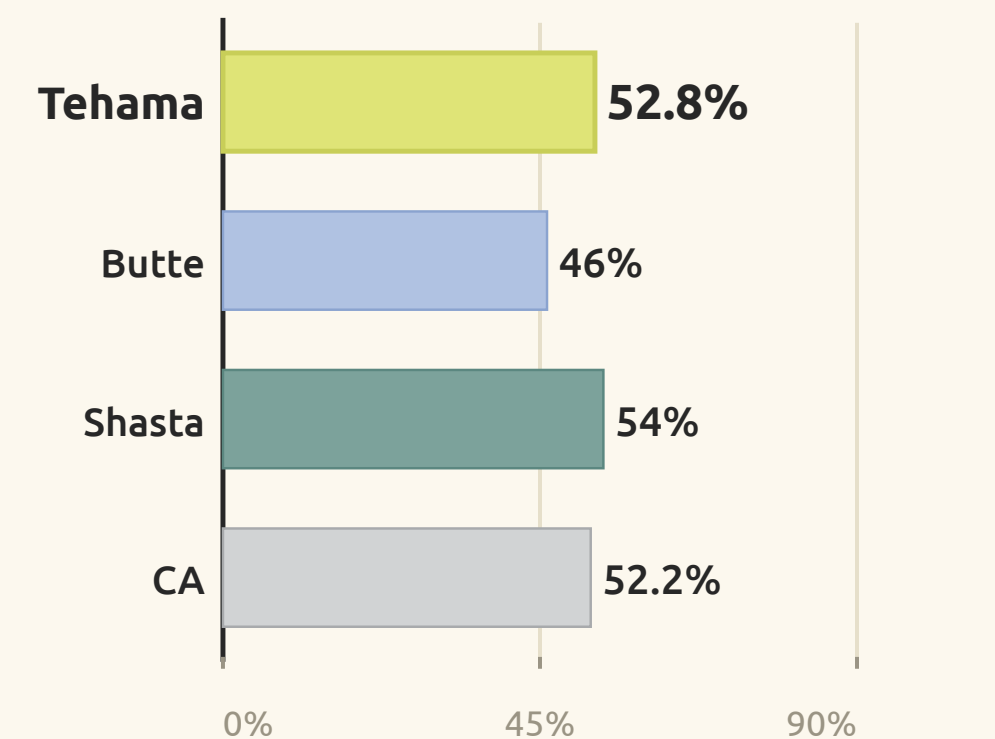
Felt supported by friends



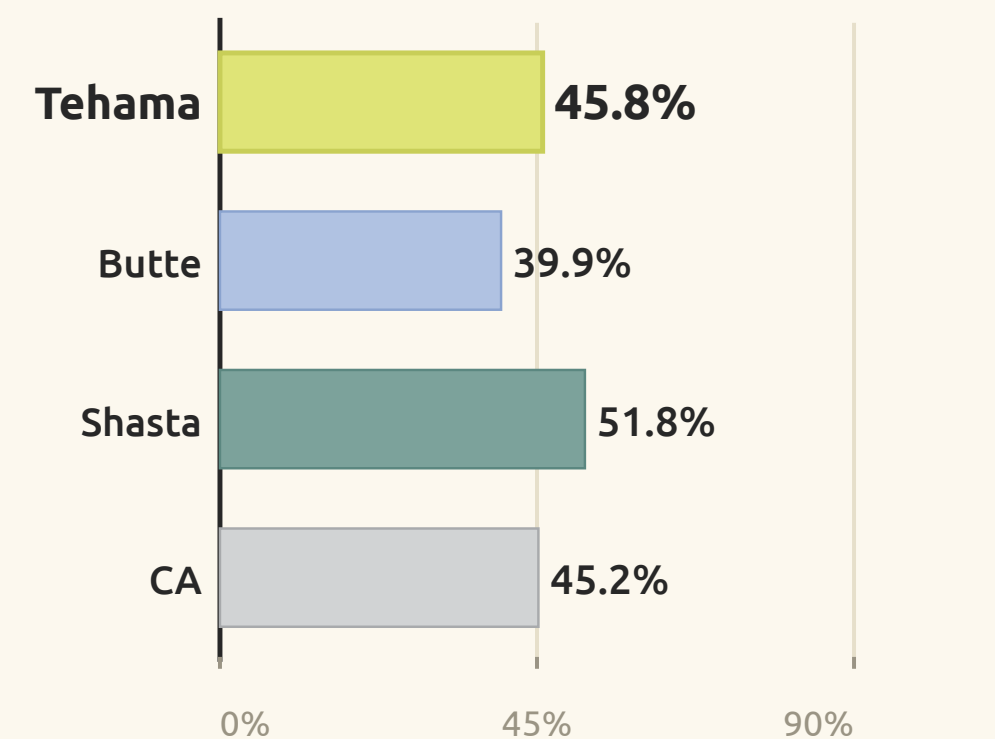
Two + non-parent adults took interest in them



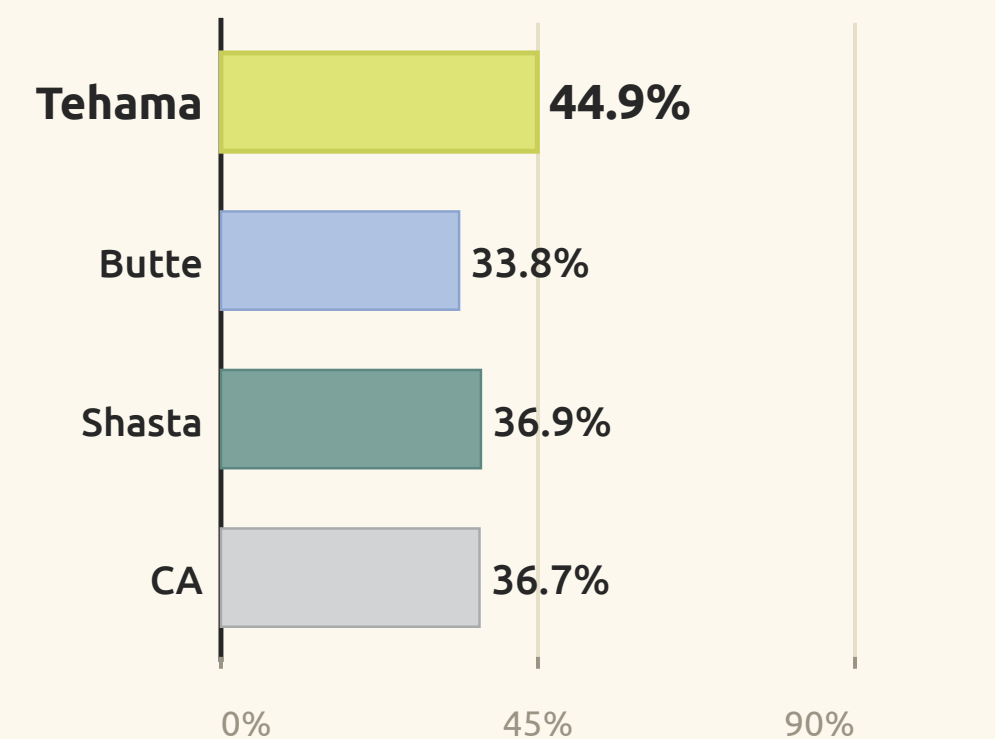
Sense of belonging at high school



Enjoyed participating in community traditions



Could talk to family about feelings



Shared scale: all charts use a 0–90% x-axis so bar lengths are directly comparable. Higher is better.

Source: Source: California Health Interview Survey (CHIS) • adults, ages 18 and older, pooled 2021–2022. Tehama region = Colusa / Glenn / Tehama.

YOUR THOUGHTS ON ADULT-RECALLED PCES

add a sticky note — anywhere in this zone