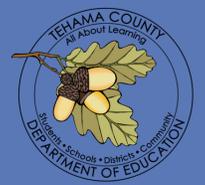




IECMHC



INFANT AND EARLY CHILDHOOD MENTAL HEALTH CONSULTATION NETWORK



Connect. Reflect. Grow.

Infant and early childhood mental health consultation is a service that connects teachers and caregivers to ensure that all young children and the adults who care for them have the supports they need for healthy social and emotional support.

Understanding Early Mental Health

We understand how important it is to support children’s physical health with proper diet, exercise and sleep. It is also important that we take care of children’s mental health. We can support young children’s mental health by supporting their social and emotional development through fostering positive relationships with their families and caregivers.

When to Call Infant and Early Childhood Mental Health Consultant

Support well being for caregiver and administrators

- Reduce teacher caregiver and director stress
- Increase staff retention
- Develop positive program structure

When you need more information

Consultants can also work with you to develop approaches to support individual children, including those who may be having a difficult time in your care.

When Everything is Fine

All children benefit from early social, emotional, and mental health promotion.

Building a relationship with your local consultant early on means receiving ongoing training and support.

When you or your staff are felling overwhelmed by the demands of caregiving

Consultants are trusted, confidential, reliable partners who can listen and help you identify the best ways to care for your own health and well-being.



For more information and to sign up for our mailing list



To submit a referral request