



# FY 2019-2020 Annual Report

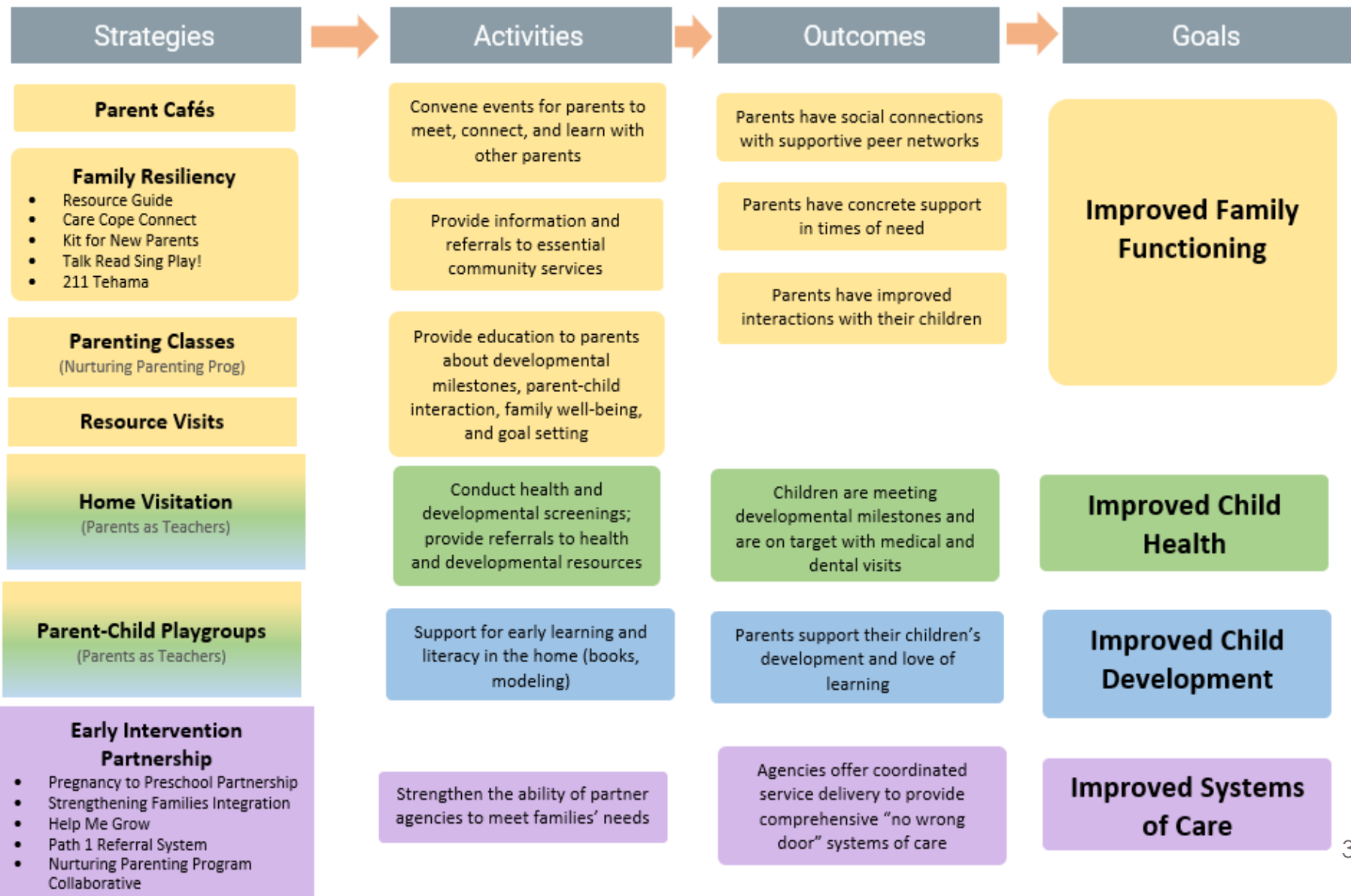
**Presented By:** Jordan Katti, PhD; Applied Survey Research  
*November 2020*

# Agenda

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- Strategic Framework
- State of Children in Tehama County
- Overview of Children and Families Served in FY 19-20
- Progress per Result Area
- Next Steps

# Strategic Framework



# State of Children In Tehama County

	Tehama County 17-18	Tehama County 18-19	State of California
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Source Information: 1 = Factfinder; 2 = UC Berkeley Child Welfare Indicators Project; 3 = Medi-Cal; 4 = California Health and Human Services Agency; 5 = DataQuest



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Children Aged 3-4 Enrolled in Preschool (%) <sup>1</sup>	59.2%	50.4%	49.0%

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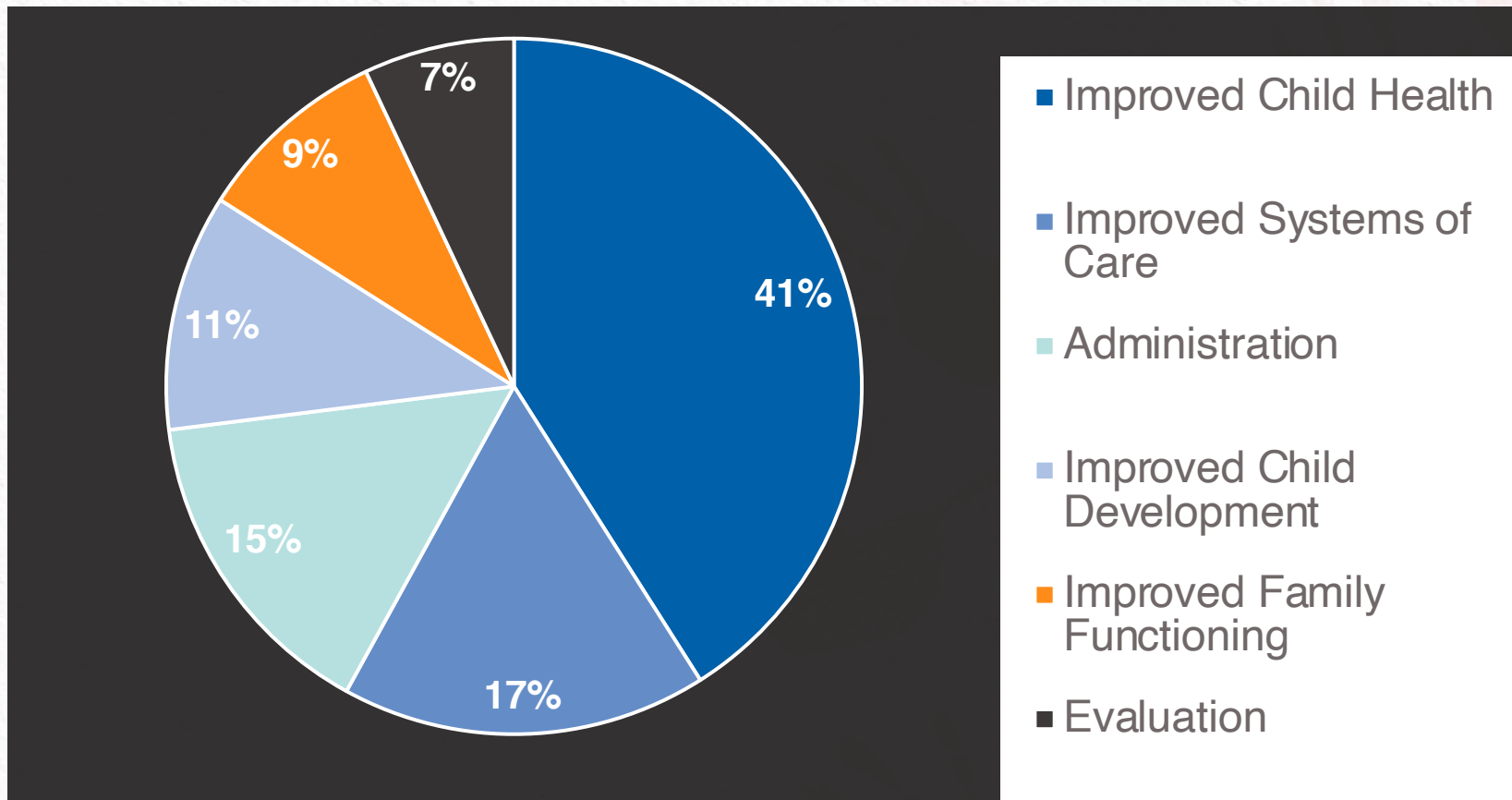
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Low SES 3 <sup>rd</sup> Graders Reading At or Above Grade Level (%) <sup>5</sup>	28.1%	28.1%	36.2%

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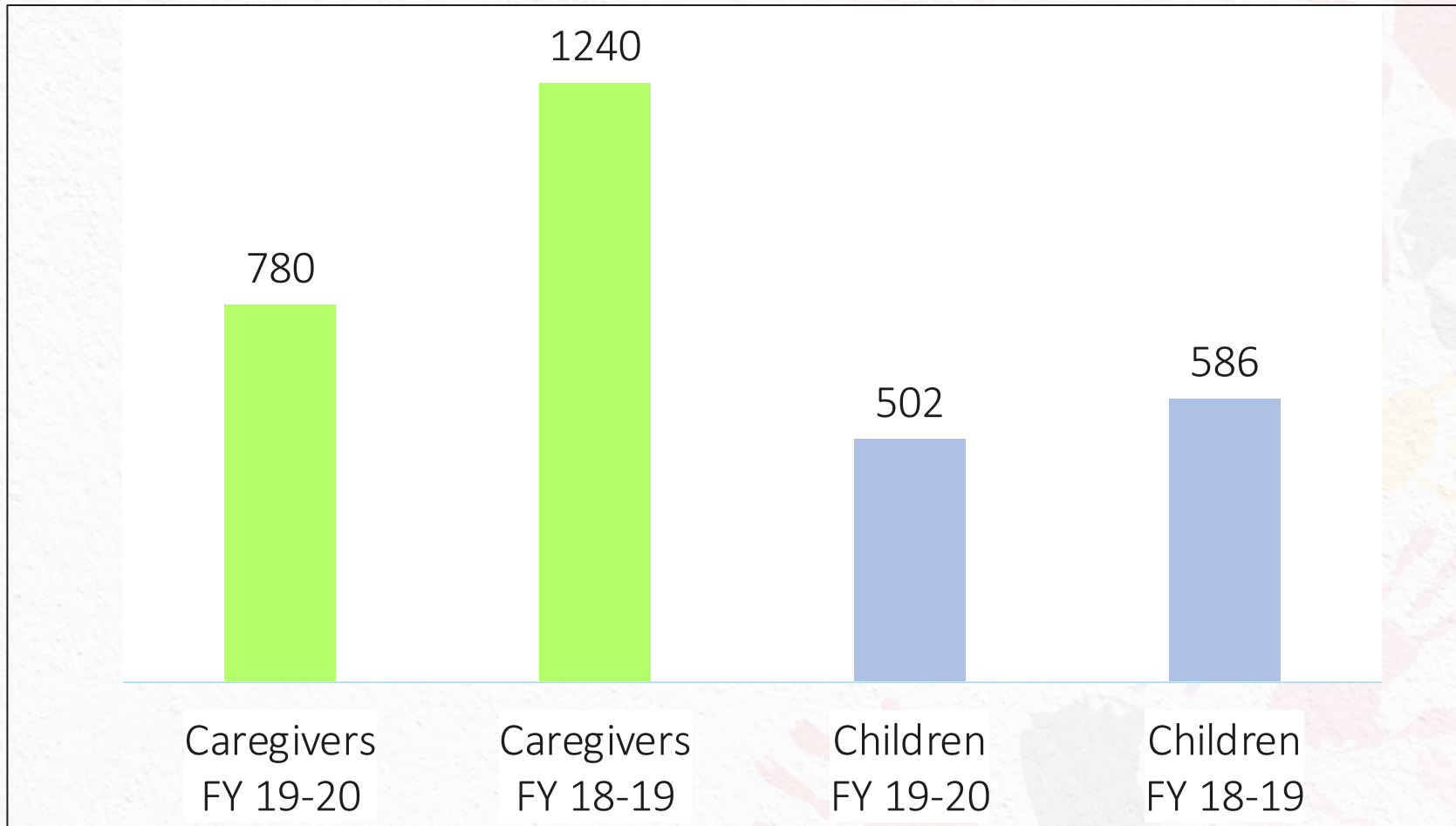
# Investments in Children, Families, and Communities

\$823,346 dollars invested in FY 19-20



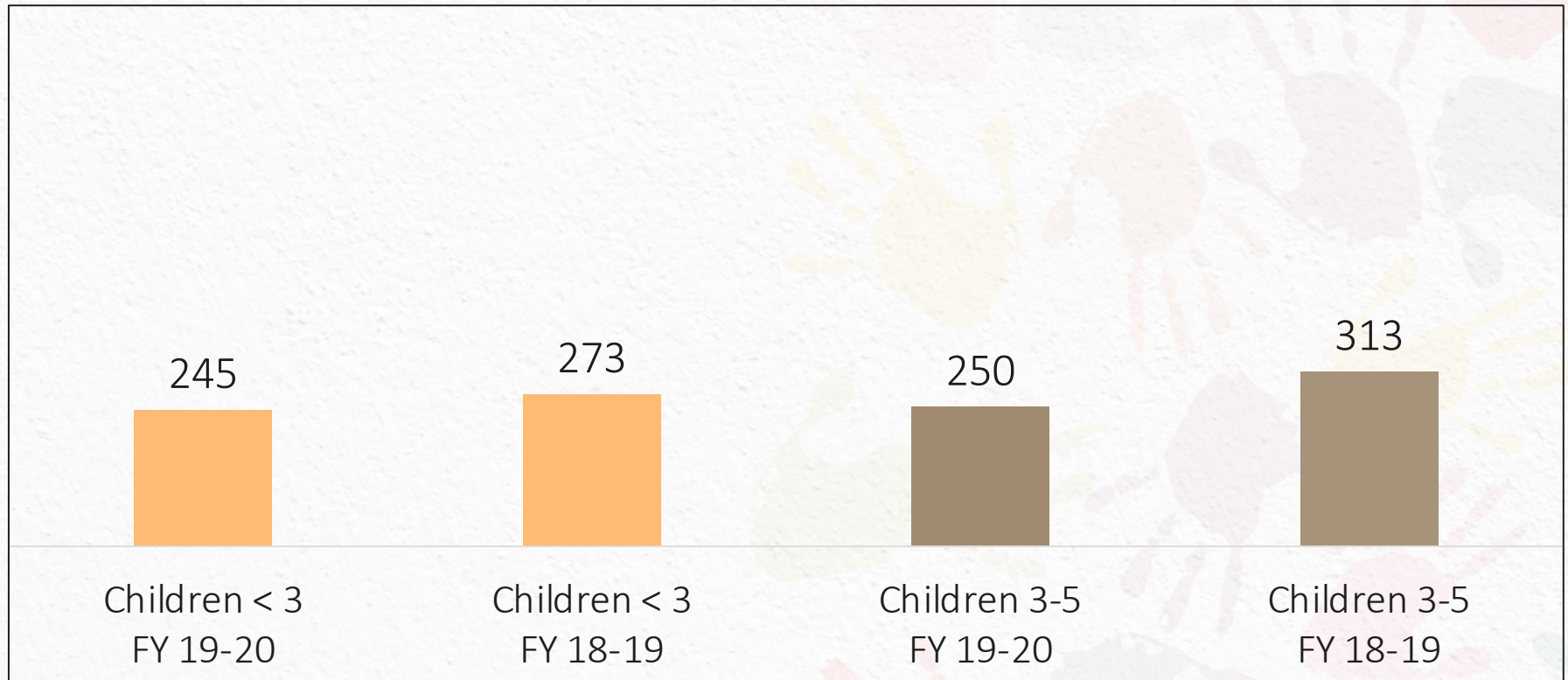
# Who Was Reached?

- 780 caregivers and 502 children served in FY 19-2



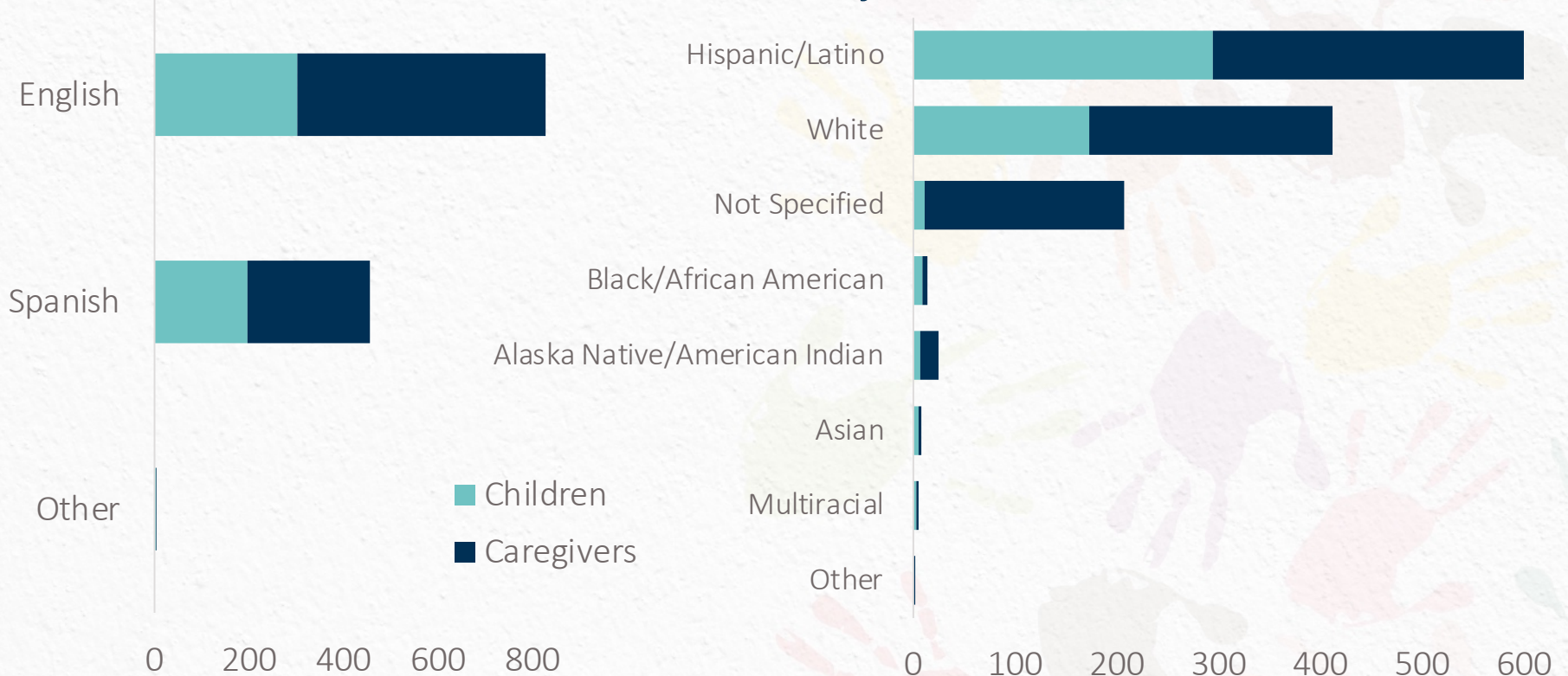
# Who Was Reached?

- Most children reached were between 3 and 5 years old



# Who Was Reached?

- Most children spoke English as their first language, followed by Spanish.
- Most children were Latino, followed by White.



# Result 1: Improved Family Functioning

In 2019-2020 First 5 Tehama contributed to improved family functioning through:

- Parent Cafés
- Family Resiliency Materials (Care Cope Connect, Talk Read Sing Play)
- Parenting Classes
- Resource Visits
- Home Visitation
- Parent-Child Playgroups

## Parent Cafés Highlight:

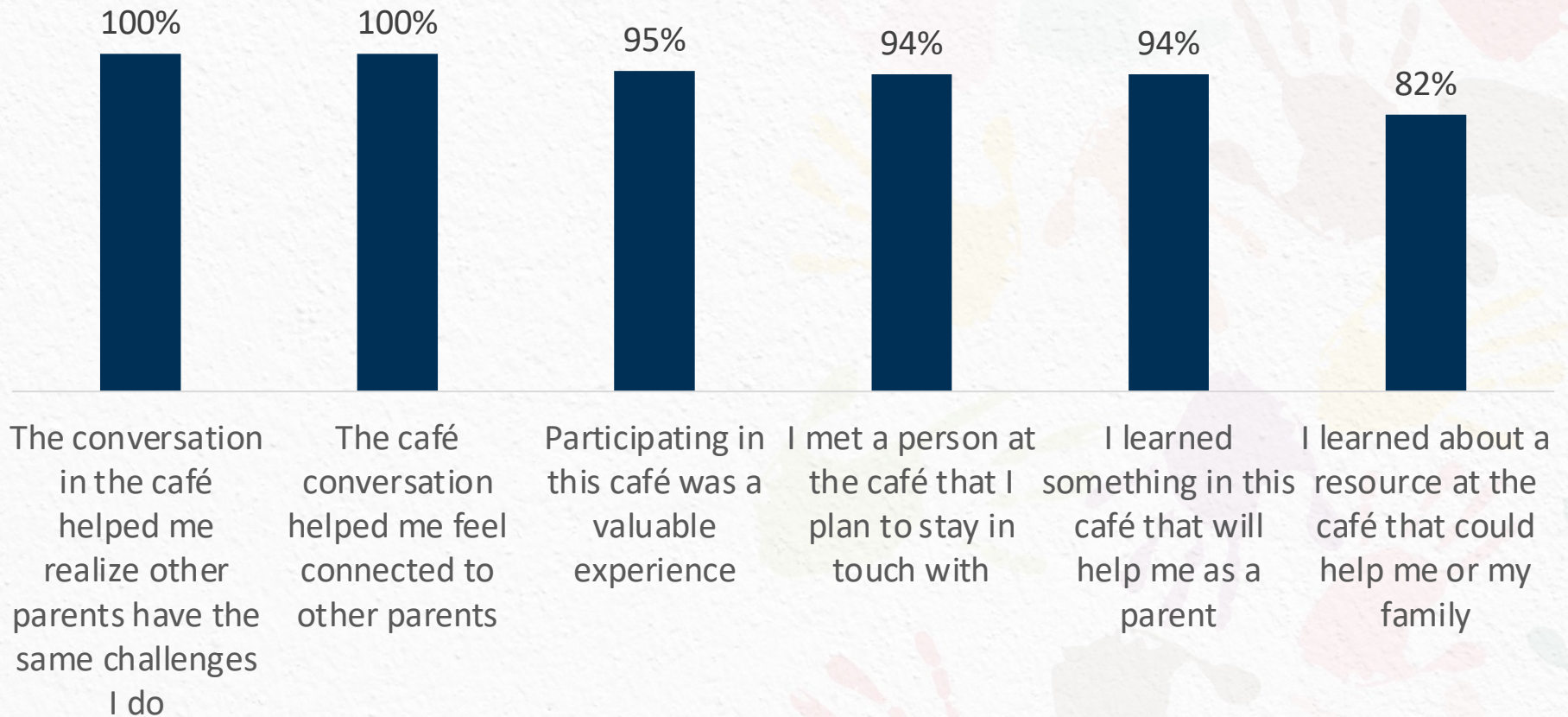
Provide a safe, non-judgmental opportunity for parents to engage in conversations about what it means to keep children safe and families strong

- 44 caretakers participated
  - 45% Hispanic



# Result 1: Improved Family Functioning cont.

## Parent Café: Survey Responses (% strongly agree or agree)



# Result 1: Improved Family Functioning cont.

## ○ **Care, Cope, Connect:**

- A tool to help families tackle heightened community stress
  - 420 bilingual resources distributed
- 282% increase from resources distributed in FY 2018-19



## ○ **Talk Read Sing Play!**

- Magnets distributed to 900 families
- Partnership with Library and School Districts
- Partnership with Tehama County Library for drive-thru and virtual reading events



# Result 1: Family Strengthening

**2-1-1 Tehama:** Provides essential resources for families in times of need

- Directly served 129 people with children under five years old, up from 89 served in FY 18-19
- **44.9% more clients served than in FY 18-19**

**Kit for New Parents:** An educational DVD, a parents' reference book, a touch-and-feel book for children, and resources for parents

- 123 English kits and 48 Spanish kits were distributed
- **69.2% less were provided in 2019/2020 than in 2018/2019**



# Result 1: Family Strengthening cont.

## Parenting Classes

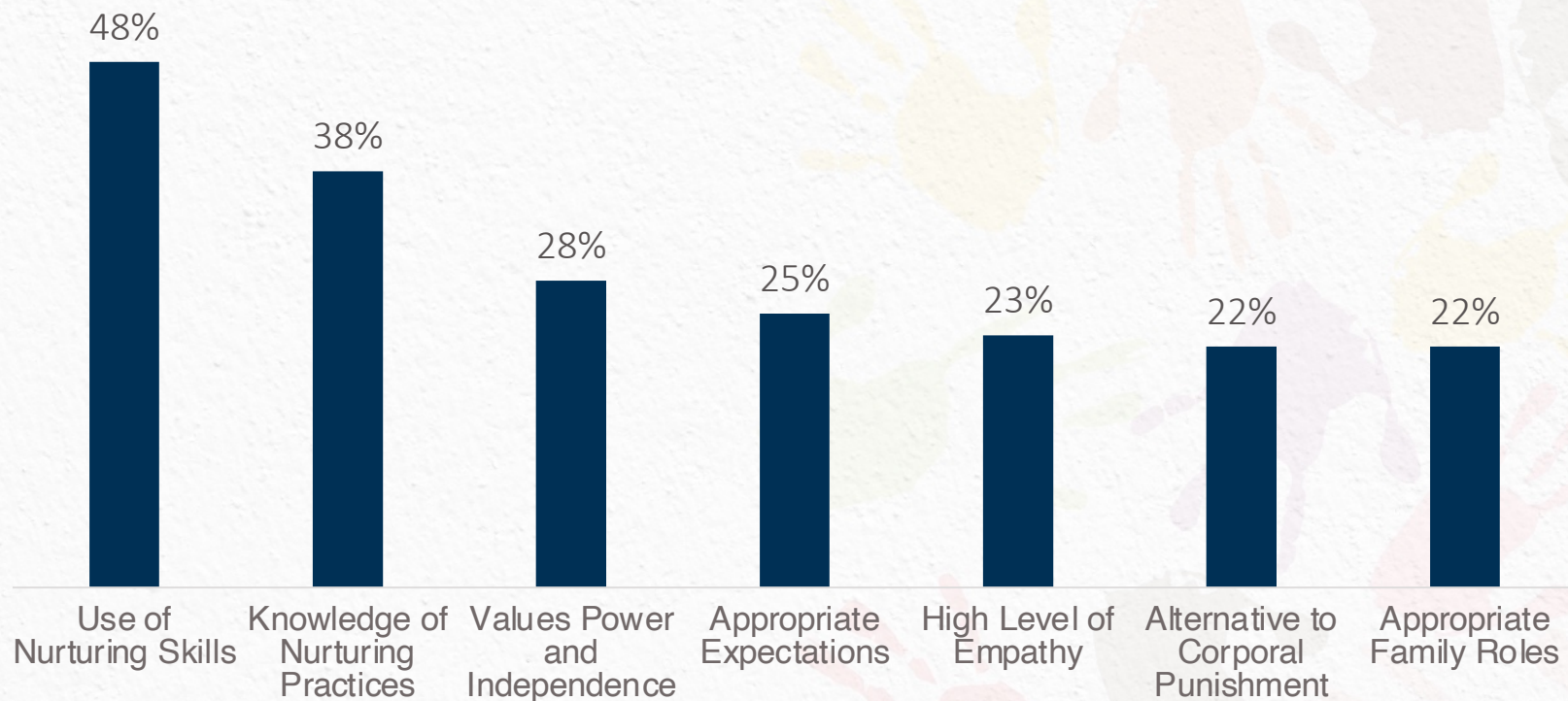
Help parents develop appropriate child behavior management techniques and gain knowledge of age-appropriate behavior and developmental milestones

- In FY 19-20
  - Four *Nurturing Parenting Program* classes were conducted by Northern California Child Development Inc (NCCDI)
  - Attended by 28 parents
  - 73% of parents had a total household income of \$25,000 or less
- Attendance decreased by 17.6 percent as compared to FY18-19

# Result 1: Family Strengthening cont.

## Parenting Classes

- There were marked increases in reported parenting and nurturing skills after program completion (Adult-Adolescent Parenting Inventory; Nurturing Skills Competency Scale)



# Result 1: Family Strengthening cont.

## Nurturing Parenting Program (NPP) Classes: Success Story

- **Background Prior to NPP:** Shawna is a 27-year-old single mother of a one-year-old child with suspected autism. She lives with her boyfriend who was not her child's biological father. With Far Northern Regional Center she shared her desire to improve her parenting skills, due to her childhood including physical and mental abuse.
- **Experience with NPP:**
  - Referred to NPP parenting classes by Far Northern Regional Center and completed a total of 16 NPP classes.
- **NPP Success**
  - She claimed that she felt understood and supported from the group.
  - She displayed positive growth in all categories of the parenting assessment
  - She shared that she had increased positive feedback to her child and felt less frustrated.

*“This class has taught me to not be my mom and dad. When I get angry, I have to take a break because I could easily behave like my dad did. I really think I am a better parent after taking this class.”*

# Result 1: Family Strengthening cont.

**Resource Visits** are conducted by School Readiness home visitors as a one-time visit. They include:

- Resource and referral to outside services
  - Developmental screenings and follow-up (ASQ and ASQ-SE)
  - Support in healthcare access
  - Invitations to playgroup
  - PAT example of parent-child activity
- 92 resource visits conducted in FY 19-20

# Result 2: Improved Child Health

In FY 2019-2020 First 5 contributed to Improved Child Health which means supporting children to meet developmental milestones as well as meet medical and dental visit targets through:

- Evidence based home visitation (PAT)
- Community based parent and child play groups

## Home Visiting Highlights

- School Readiness reliably employed the Parents As Teachers home visiting curriculum and additional measures.
- School Readiness home visitors provided parental education as well as conducted health and developmental screeners and on-going intensive services utilizing the PAT model
- Parents As Teachers
  - Recognizes parents as being the most influential part of their young children's lives
  - Empowers them with information about child development and parenting practices
  - Provides screeners (ASQ/ASQ-SE) that can increase early detection of developmental delays and health issues

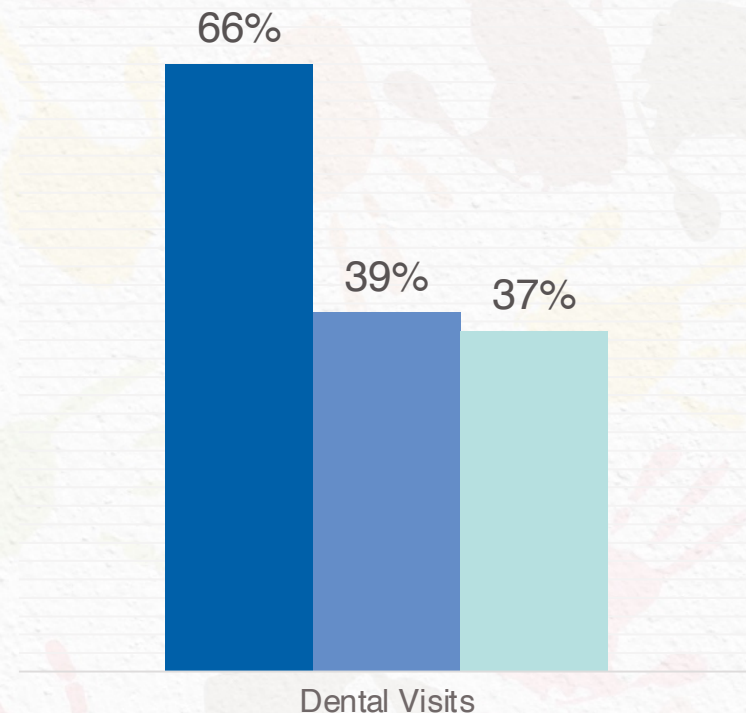


# Result 2: Improved Child Health cont.

## Home Visitation (School Readiness)

- In FY 2019-20, **206 caregivers and 195 children** were served
- 21.7% decrease in the number of caregivers served as compared to FY 18-19; number of children served comparable)
- Of families participating in the intensive home visitation program,
  - 66% were up-to-date on dental visits
  - 88% were current on immunizations

- First 5 Tehama Home Visitation Participants
- Tehama County
- State of California



# Result 3: Improved Child Development

In FY 2019-2020 First 5 contributed to Improved Child Development which means parents support their child's development and love of learning through

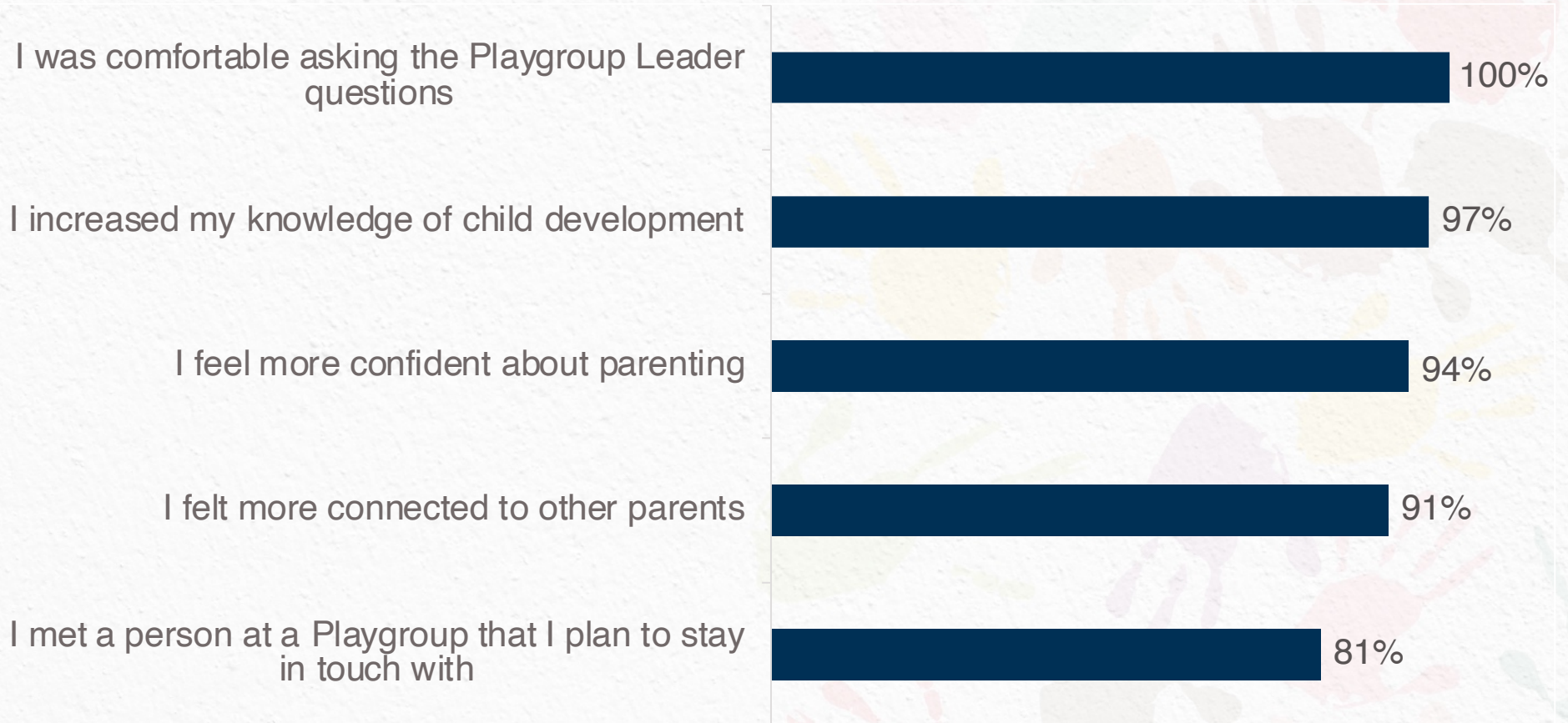
- community based parent and child play groups
- evidence based home visitation (PAT)

## Parent-Child Playgroups Highlight

- Parent-child Play Groups:
  - Enhance early learning skills and increase school readiness
  - Promote social development and social connections
  - Provide parents knowledge about child development including the importance of play
  - Model play based learning for parents to replicate at home
  - Provide developmental screeners for children
  - Increase parental social connections with other parents
- **In FY 2019-20, playgroup sessions were provided to 102 parents and 129 children (down from 112 parents and 136 children in FY 18-19)**

# Result 3: Improved Child Development cont.

## Parent-Child Playgroups Parent Survey Responses



## Result 3: Improved Child Development cont.

### Parent-Child Playgroups Success Story

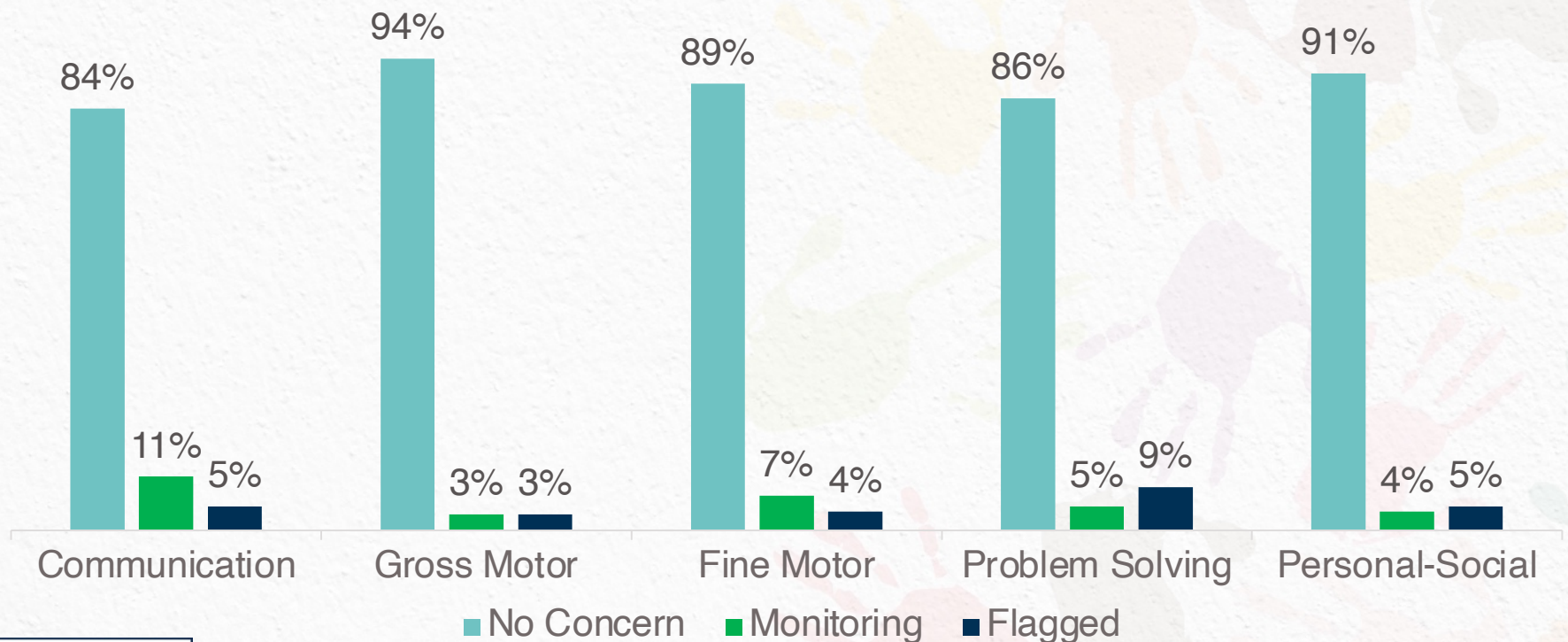
- **Background** : Miriam is a mother of a young son and two teenage daughters. She heard about the Playgroup program from a neighbor who had previously attended
- **Experience with Play Group:** When first attending a Playgroup, her son was very shy and did not want to come inside the room, let alone interact with the other children. He clung to Miriam the entire time. He seemed to struggle to express himself and would get very angry, cry, and scream when Miriam did not understand him or give him what he wanted. An ASQ was conducted and showed an area of concern in communication.
- **Play Group Success:** Over time, her son became more comfortable and began exploring the center, playing on the playground, and interacting with other children. After a few months, he would be waiting by the window before the Playgroup began because he was so excited. Miriam's knowledge of child development began to increase, and she began to do more activities with her son in between Playgroups.

*He calls the Playgroup his “school” and frequently asks Miriam when the “teacher” is coming to visit.*

# Result 3: Improved Child Development cont.

## Home Visitation

- 21 out of 187 children tested with the ASQ were identified with developmental concerns. Of these, 19 received services.



# Result 3: Improved Child Development cont.

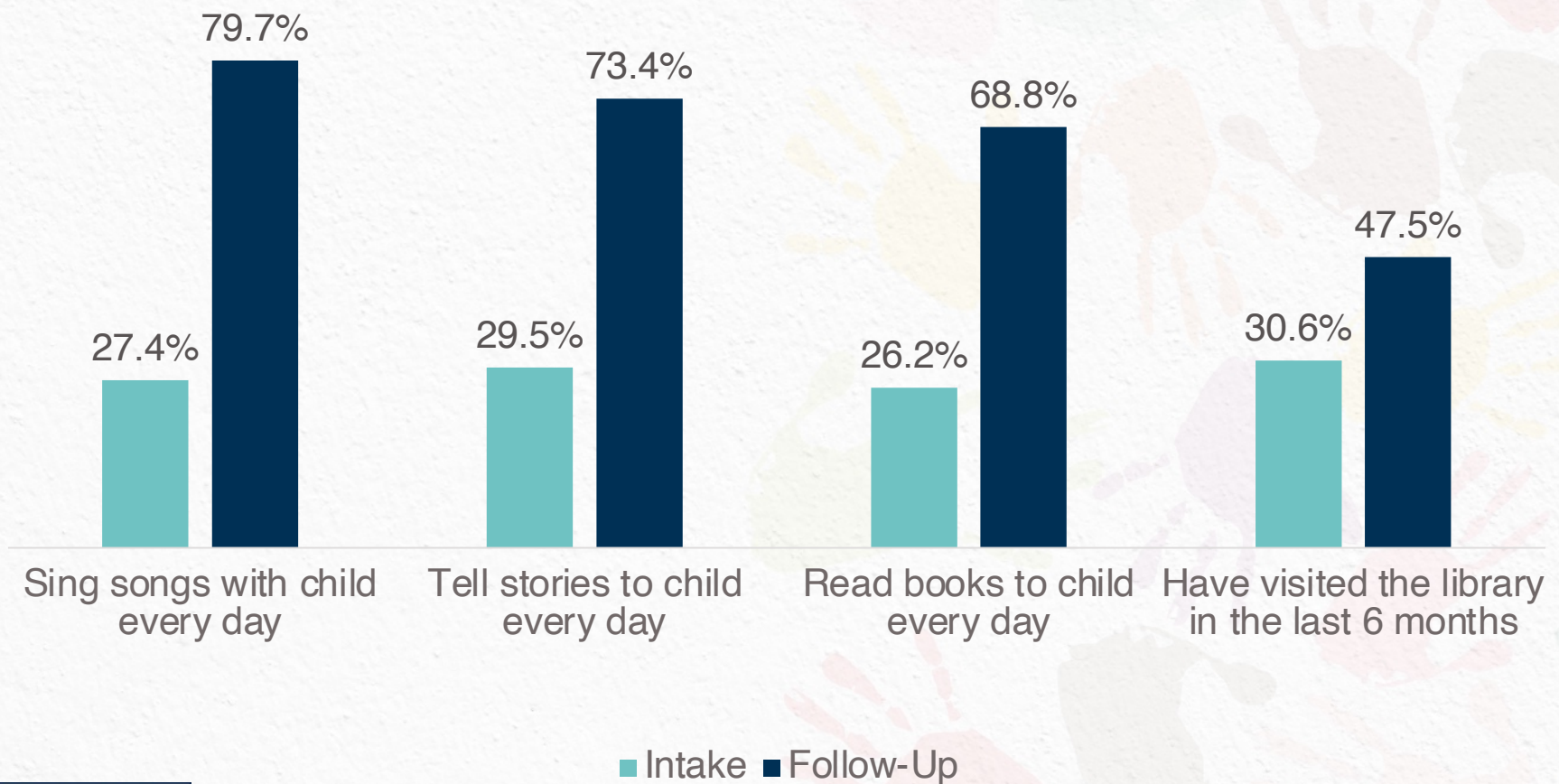
## Home Visitation

- 79 children had both pre- and post-ASQ data
- Of these, 62% displayed increases in ASQ score

	< 6 months (n = 9)	6-24 months (n =48)	> 24 months (n = 22)	Overall
# (%) with ↑ ASQ Scores	7 (78%)	26 (54%)	16 (73%)	49 (62%)

# Result 3: Improved Child Development

## Home Visitation



# Result 3: Improved Child Development cont.

## Home Visitation Success Story

- **Background Prior to Home Visit:** Gloria is a 21-year-old single mother of 2 children who immigrated to the United States in 2019 from Guatemala. She initially was eight months pregnant and working outside in the fields, living with her cousin and uncle in a small trailer.
- **Experience with Home Visit:** Gloria's daughter received an ASQ that showed she was in the monitoring range for fine motor skills and communication. She worked together with her home visitor to set goals
- **Home Visit Success:** The home visitor also provided Gloria with transportation to the social services department to get assistance, including CalFresh and Medical. Her daughter was in need of dental care and required a referral to a dental specialist. She also received a free car seat and education about car seat safety.

*"I feel very blessed to have met [my home visitor] because she was there when I most needed someone. She was like an angel sent to guide me and my family. Now I rent a place by myself and have MediCal for my family. My daughter has learned so much and I have learned so much on how to become a better parent."*



# Result 4: Improved Systems of Care

In FY 2019-2020 First 5 contributed to Improved Systems of Care which means supporting and leading agencies coordinated service delivery of care by leading, organizing, and supporting:

- Early Intervention Partnership and sub-collabs
  - Pregnancy to Preschool Partnership
  - Strengthening Families Integration
  - Help Me Grow
  - Path 1 Referral System
  - Nurturing Parenting Program Collaborative
  - Home Visiting Collaborative

## Early Intervention Partnership (EIP) Highlight

- EIP made up of administrators that have direct influence on organizational systems strives to improve communication, coordination, and integrated service delivery across all sectors supporting 0-5
- It has grown into multiple sub-collaboratives that include administrators, leaders, and providers of agencies that belong to EIP

# Result 4: Improved Systems of Care Cont.

## Pregnancy to Preschool Partnership (P2P)

### ○ Comprised of:

- School Readiness
- State Preschool
- Early Head Start
- Head Start
- Healthy Beginnings
- Healthy Families Tehama
- And Growing!



# Result 4: Improved Systems of Care cont.

## Pregnancy to Preschool Partnership (P2P)

Goal: to ease the referral process between families by sharing pertinent information among partnered organizations, and increasing support while families are waiting for program enrollment

- FY 2019-20, P2P accomplishments:
  - Creation of an online referral tracking system to connect all clients of P2P agencies
  - Improves the accuracy of reporting and ensures that no family will “fall through the cracks”

## Help Me Grow Tehama

Advances the use of developmental screenings to detect developmental and behavioral delays in children and links to interventions and services

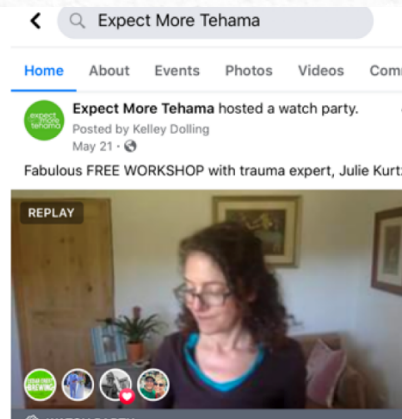
- FY 2019-20, HMG Tehama accomplishments:
  - Partnered with First 5 Shasta and provided funding for data collection STAR system

# Result 4: Improved Systems of Care Cont.

## Strengthening Families Integration

Supports building strong families and healthy communities with the 5 protective factors by building agency capacity and expanding parent cafés along with promoting use of family resiliency resources and tools

- FY 2019-20, SF Integration accomplishments:
  - First 5 Tehama collaborated with Expect More Tehama to host three webinars dealing with trauma-informed care during COVID-19.



*“Remembering to breathe, take time to think about what others are going through when you are interacting with them. Everyone reacts differently to the changes in our life.”*

# Result 4: Improved Systems of Care Cont.

## Path 1 Referral System

Links families who are considered “low-risk” by Child Protective Services with appropriate community agency partners

- The goal is to engage families in preventative programs/activities and assessment to receive comprehensive services that will allow children to safely remain in their homes
- FY 2019-20, Path 1 Referral System accomplishments:
  - Five Path 1 Community Agencies engaged that encompass 12 programs/divisions
  - CPS leads quarterly reporting at EIP meetings

# Result 4: Improved Systems of Care Cont.

## Nurturing Parenting Program Collaborative

Ensures Nurturing Parenting Programs are being maximized and community and program needs are being met

- FY 2019-20, Nurturing Parenting Program Collaborative accomplishments:
  - TCHSA: Behavioral Health Division and NCCDI are core facilitators
  - TCHSA: Behavioral Health Division convene NPP facilitator meetings for support and continuous quality improvement
  - Consulted with NPP expert for guidance on developing virtual NPP services (direct COVID-19 response). A pilot virtual NPP program was funded by First 5 Tehama and implemented by NCCDI.

# Current Successes

## Response to Pandemic

- First 5 Tehama, CCRE, and Tehama County Early Education provided materials to 30 family childcare providers during the pandemic
  - Diapers, wipes, cleaning supplies, and masks
- Program delivery continued with new formats including virtual and socially distanced

## Enhancing Communication

- Refining Inter-program Data Collection
  - Standardized success story template
  - Standardized Family Information Form
- Re-focusing community communication via social media.

# Goals for the Future

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- Widen the points of contact F5 has within Tehama county through outreach, partnerships, and communication strategies
- Deepen understanding of the impact F5 funding has in relation to the amount and cost of service and subsequent outcomes for families
- Further explore how F5 Tehama families are involved in other systems in the county and strengthen the transition relationships between agencies via interagency work
- Increase contact with families who have never engaged in F5 services and may be at high risk for poor outcomes
- Increase virtual presence



# Please Contact ASR with Data Questions

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