

# Kindergarten PREP CHECKLIST



## SELECT A SCHOOL

Type of school:     Public     Charter     Private     Home School

School name: \_\_\_\_\_

## VISIT THE DOCTOR AND DENTIST

- Child's immunization record
- Dental assessment certificate
- Well-child physical exam

## ENROLLMENT IN SCHOOL

- Enrollment forms submitted
- Health documents submitted
- Proof of residence (or other documents requested by school) submitted
- Free or Reduced Lunch application submitted
- School bus schedule received

## MEET THE TEACHER AND VISIT THE SCHOOL

- Kindergarten classroom
- School campus
- Cafeteria
- Playground
- Bathroom

## PREPARE FOR CLASS

- Read together 20-minutes a day
- Practice recognizing letters of the alphabet
- Practice writing
- Count, add and subtract
- Play with friends, take turns and share
- Practice tying shoes and zipping zippers

## ESTABLISH A SCHOOL ROUTINE

- School bedtime (allow for a minimum of 8 hours sleep)
- School wake-up time
- Healthy breakfast
- Dressed appropriately
- Backpack ready with basic school supplies

MY CHILD'S KINDERGARTEN START DATE \_\_\_\_\_