



# Executive Summary

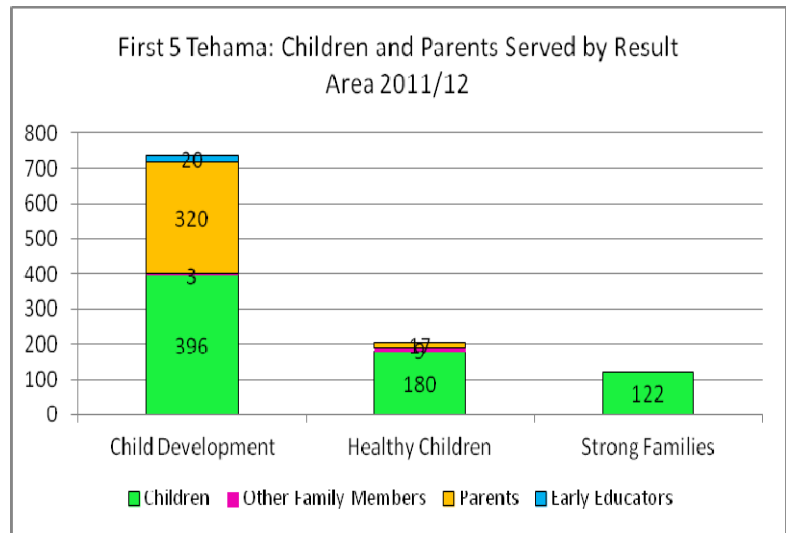
## 2011/12 Annual Report

**The First 5 Tehama Strategic Plan has four desired results and five objectives:**

1. Strong families:
  - Parents will receive support to increase their knowledge of child rearing, family relationships and community resources.
2. Children learning and ready for school:
  - Increase access to quality early care and education programs that integrate cognitive, social and emotional development for all three and four year old children.
3. Healthy children:
  - Increase health access to prevention and primary health care services for pregnant women and children.
4. Improved systems of care for families:
  - Families from all cultural backgrounds are easily able to access multiple services and resources through an integrated system;
  - Increase administrative capability and project sustainability.

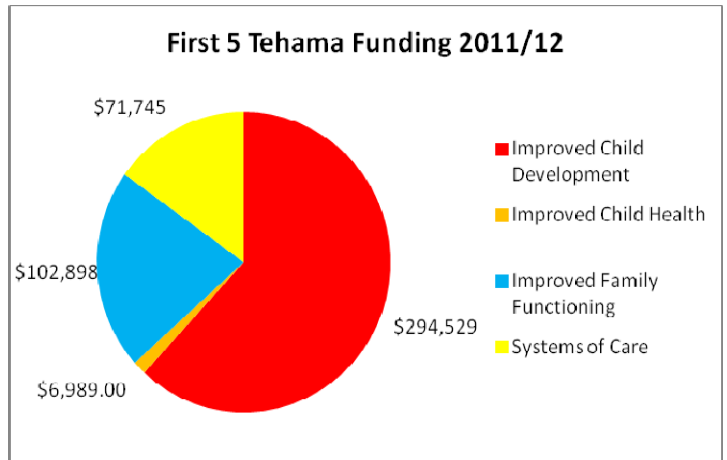
**Children and Parents Served**

In 2011/12, programs funded by First 5 Tehama served: 697 children ages 0 to 5, 337 parents, 22 other family members and 20 early educators. Programs in the result area Child Development served the most children (396) and parents (320), early educators (20). These programs included School Readiness projects in Los Molinos, Gerber and Corning and CARES Plus (Comprehensive Approaches to Raising Educational Standards), a professional development program for early educators. In Child Health, the Mobile Dental Clinic provided oral health services to 180 children, 17 pregnant women and 19 other family members. The Northern Valley Catholic Social Service Corning Family Resource Center programs in the result area Strong Families served 122 children.



**Funding**

In 2011/12, First 5 Tehama distributed \$476,161 in project grant awards. The largest area of investment for First 5 Tehama in 2011/12 was Children Ready for School, with 62% of the funds, followed by Strong Families (22%), Improved Systems of Care (15%), and Healthy Children (1%).



**Services**

Programs funded in the area of Children Ready to Learn included the School Readiness Project and CAREs Plus. School Readiness implemented the Families and Schools Together program, parenting classes, KinderCamp programs for children with no prior early learning experience, play groups, home visits and developmental screenings.

In 2011/12, First 5 Tehama participated in a California First 5 initiative to provide professional development to early educators. The program, called CAREs Plus involved participants meeting with a Professional Growth Advisor and a College Counselor, taking online classes on the Classroom Assessment Scoring System (CLASS) instrument for improving the effectiveness of teacher-child interactions, and optionally, enrolling in six units of Early Childhood Education college classes. First 5 Tehama staff administered the program. Twenty participants met all the requirements for the program and were awarded a stipend.

In the result area of Improved Child Health, The Mobile Dental Clinic (MDC) served 180 children in 1,056 office visits. The MDC provided prevention services, including 949 exams and 1,838 xrays, 767 cleanings, 132 sealants, 720 fluoride varnish treatments. The MDC provided oral health treatment, including 138 fillings, 21 extractions, 14 root canals, and 2 space maintainers. MDC staff provided oral hygiene instruction in 713 sessions and made 51 referrals to a hospital or a higher level of oral health care. The Mobile Dental Clinic is a partnership with Northern Valley Indian Health, First 5 Butte and First 5 Glenn. The clinic bills insurance plans (including MediCal) and also treats children without insurance.

In the result area of Strong Families, the Northern Valley Catholic Social Service provided classes and other services for 122 children in the Corning Family Resource Center.

**First 5 Tehama Funded Programs 2011/12  
Direct Services to Children and Parents**

	Home Visits	Classes	In Person Services	Case Management	Assessments
School Readiness	848	154		278	374
Mobile Dental Clinic			1,056		
Northern Valley Catholic Social Service			122		

\*includes 14 FAST sessions \*\* includes parenting classes, KinderCamp sessions, and parent/child activities

To measure improved systems of care for families, all grantees report on systems change activities for families (joint case management) as appropriate, and for programs. Shared training, shared outreach, shared planning and leveraged funding activities are reported quarterly. Monthly Health Partnership and quarterly Early Intervention Partnership meetings provide opportunities for program staff to network, share ideas, collaboratively plan new approaches and discuss systems changes. First 5 Tehama County gathers information on improved systems of care at three levels: at the individual level,



programs co-serve families in joint case management; at the program level, agencies engage in shared planning, shared outreach, shared activities and leveraged funding. At the county level, the Commission encourages strong linkages with other organizations that serve children in the county to ensure a countywide system of care for children 0 to 5.

### **Outcomes**

Families receiving home visits from the School Readiness Project reported improved access to health care and increased time reading to their children. After six months in the home visiting program, all of the core families had health insurance (compared to 97% at program entry) and 98% had a regular doctor (compared to 91% at program entry). Eighty-six percent of the children received preventive health care (compared to 84% at program entry) and 94% received oral health care, (compared to 60% at program entry). Ninety-five percent of the families receiving home visits reported reading to their children at least 3 times a week, compared to 77% at program entry.

According to surveys of parents registering their children for kindergarten in the target area of the School Readiness Project, children entering kindergarten in the fall of 2012 had greater access to health care, dental care and early care and education programs than in previous years.

- In Corning, between 2007/08 and 2011/12, the proportion of entering kindergarten students with health insurance grew from 70% to 96%, students with a physical exam grew from 81% to 94%, and students with an oral health exam grew from 73% to 96%.
- In Los Molinos and Gerber, 90% of entering Kindergarten students in the fall of 2012 had health insurance, 100% had a physical exam and 100% had an oral health exam. Access to oral health care increased from 69% to 100% of entering kindergarteners.
- Also, 91% of entering Kindergarten students in Los Molinos and Gerber in 2012 had some form of prior early childhood education experience before entering school: 84% attended a formal early learning program, 7% attended KinderCamp and 9% had no prior early learning experience.
- In Corning, 94% of entering Kindergarten students in 2012 had prior early childhood education experience: 86% attended a formal early learning program and 8% attended KinderCamp, 6% had no prior early learning experience.

Feedback was very positive from CARES Plus participants in the first year of implementation of the program:

- 97% rated the online classes as good or excellent,
- 80% said that CLASS was extremely helpful in improving their knowledge of high quality teacher-child interaction, and
- 90% stated they applied what they learned in CLASS to improve their child care program.